

40
MESSAGES

FROM

MEHER BABA

Presented

by

Princess Norina Matchabelli

from
Arsenio and Conchita

January 1972

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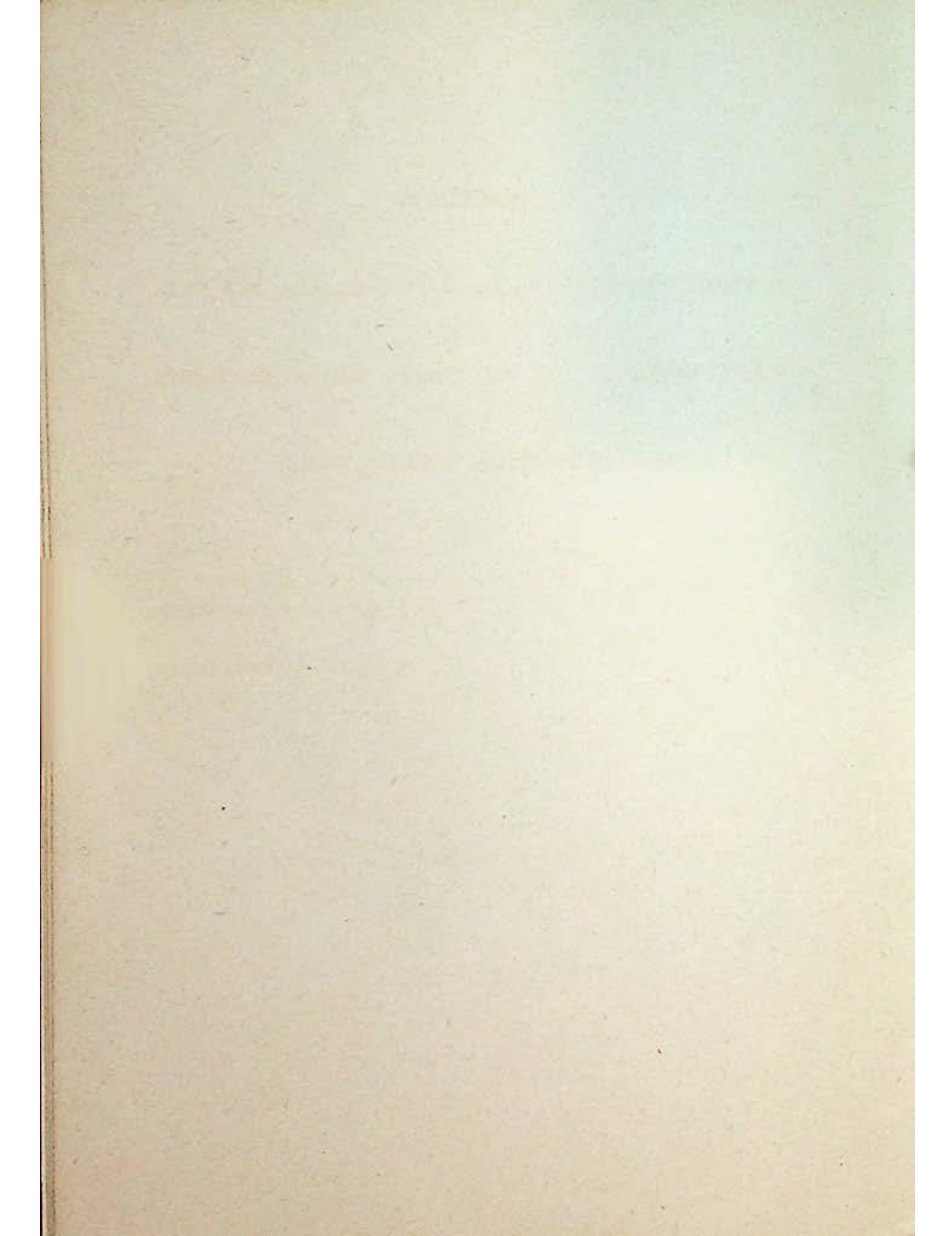
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To My Beloved Master

MEHER BABA

*

Norina Matchabelli



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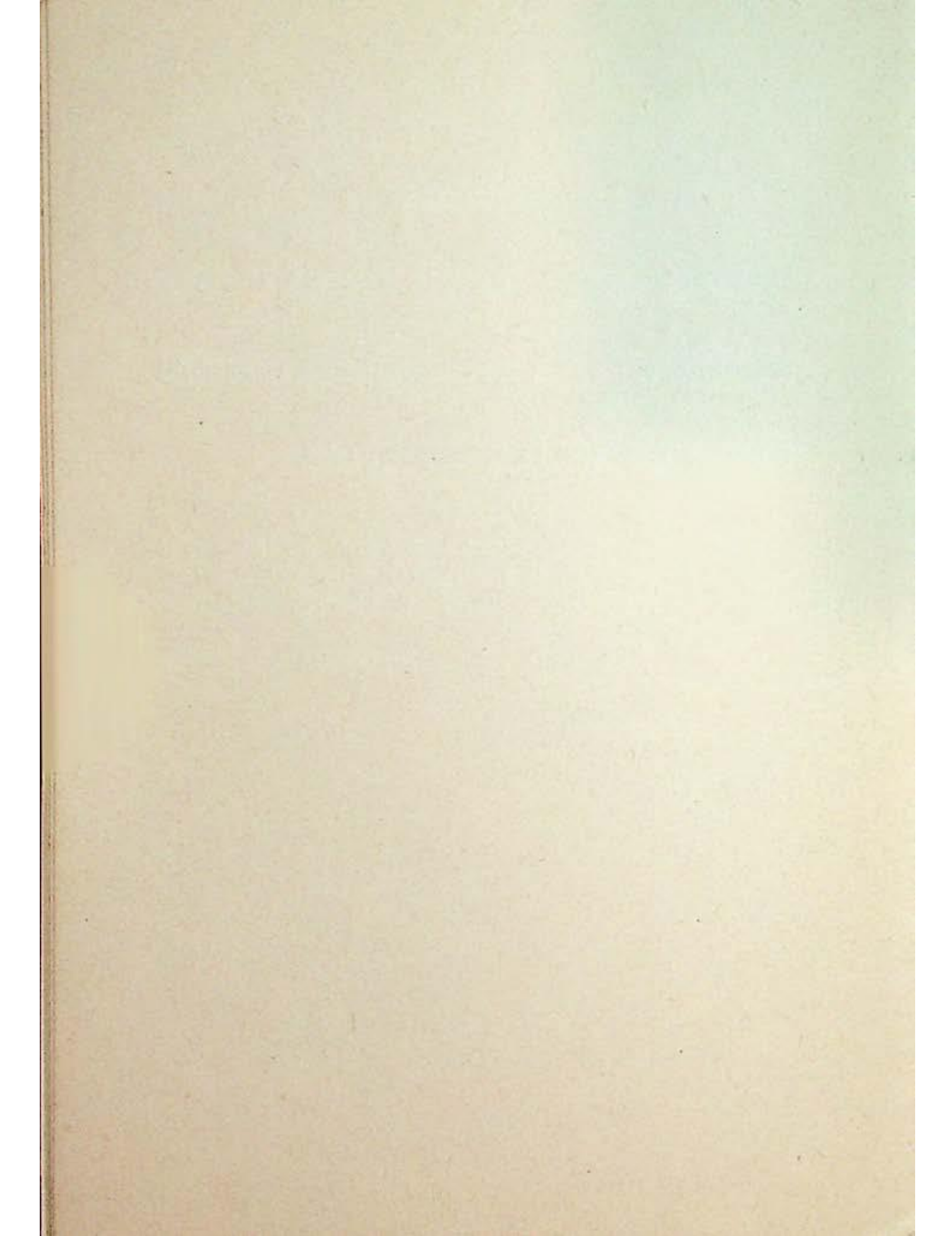
INTRODUCTION By Dr. C. D. Deshmukh, M.A.Ph.D.

MANIFESTO By Princess Norina Matchabelli

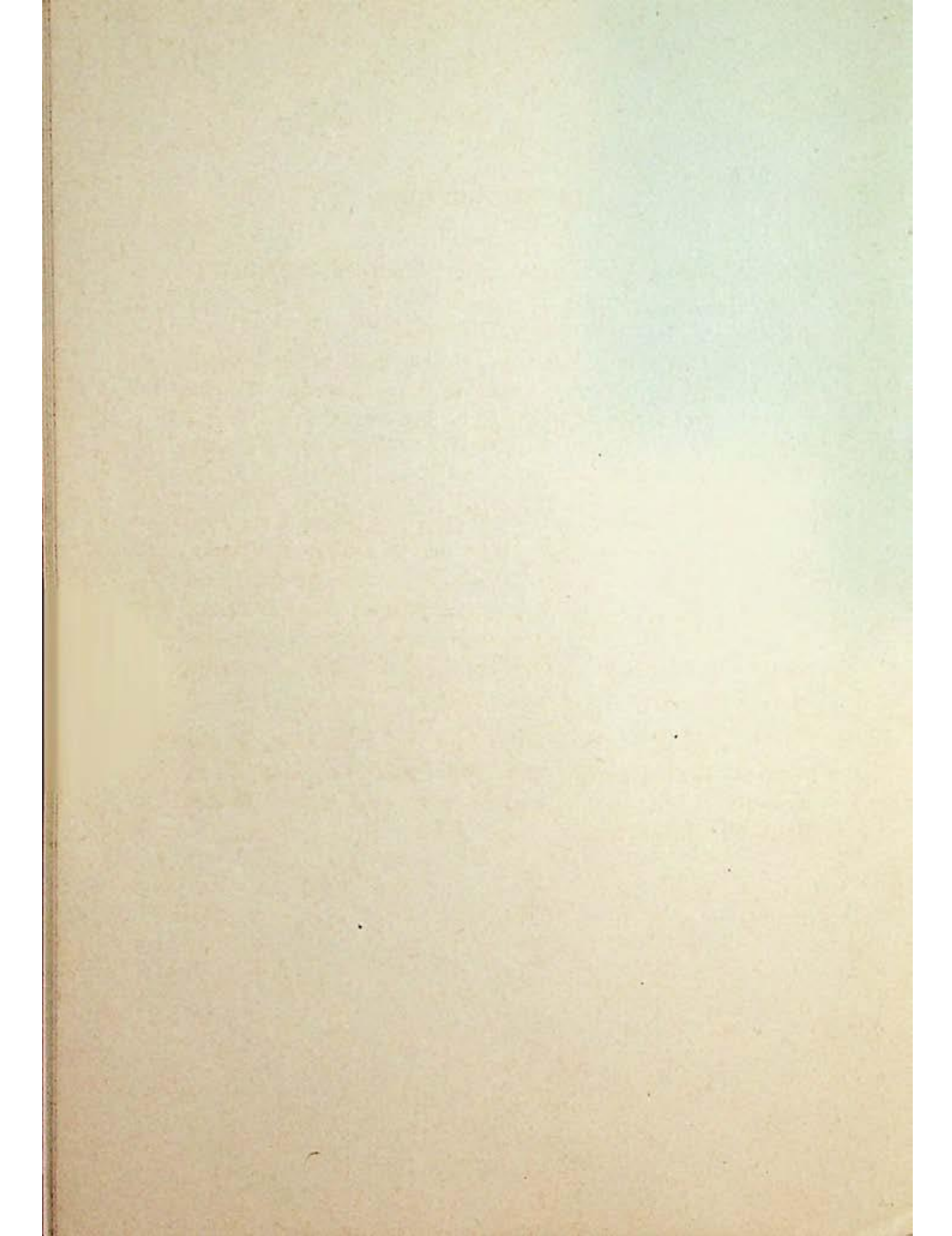
FORTY MESSAGES FROM MEHER BABA

Received by Princess Norina Matchabelli
In the vibratory thought order of
Light-wave Projection

September, 1948; India



INTRODUCTION



INTRODUCTION

I have great pleasure in writing this brief INTRODUCTION to the

FORTY MESSAGES

appearing in this volume, presented by Princess Norina Matchabelli. These Messages were received by her directly from the MASTER, in the VIBRATORY THOUGHT — ORDER OF LIGHT — WAVE PROJECTIONS.

God's Light has always been available to humanity, whenever it has been in distress, Krishna, Zoroaster, Christ, and Mahomet—all came with their divine Messages to give a spiritual push to mankind. We have from Meher Baba the New Dispensation of the same Truth. Being Truth-Incarnate, His words have the power to awaken the divinity of man.

I am thankful to the Princess, for including (at my request) in this booklet, her '**Manifesto**,' which appeared in India, in the form of a Foreword to my book—'**Meher Baba-The Awakener**.'

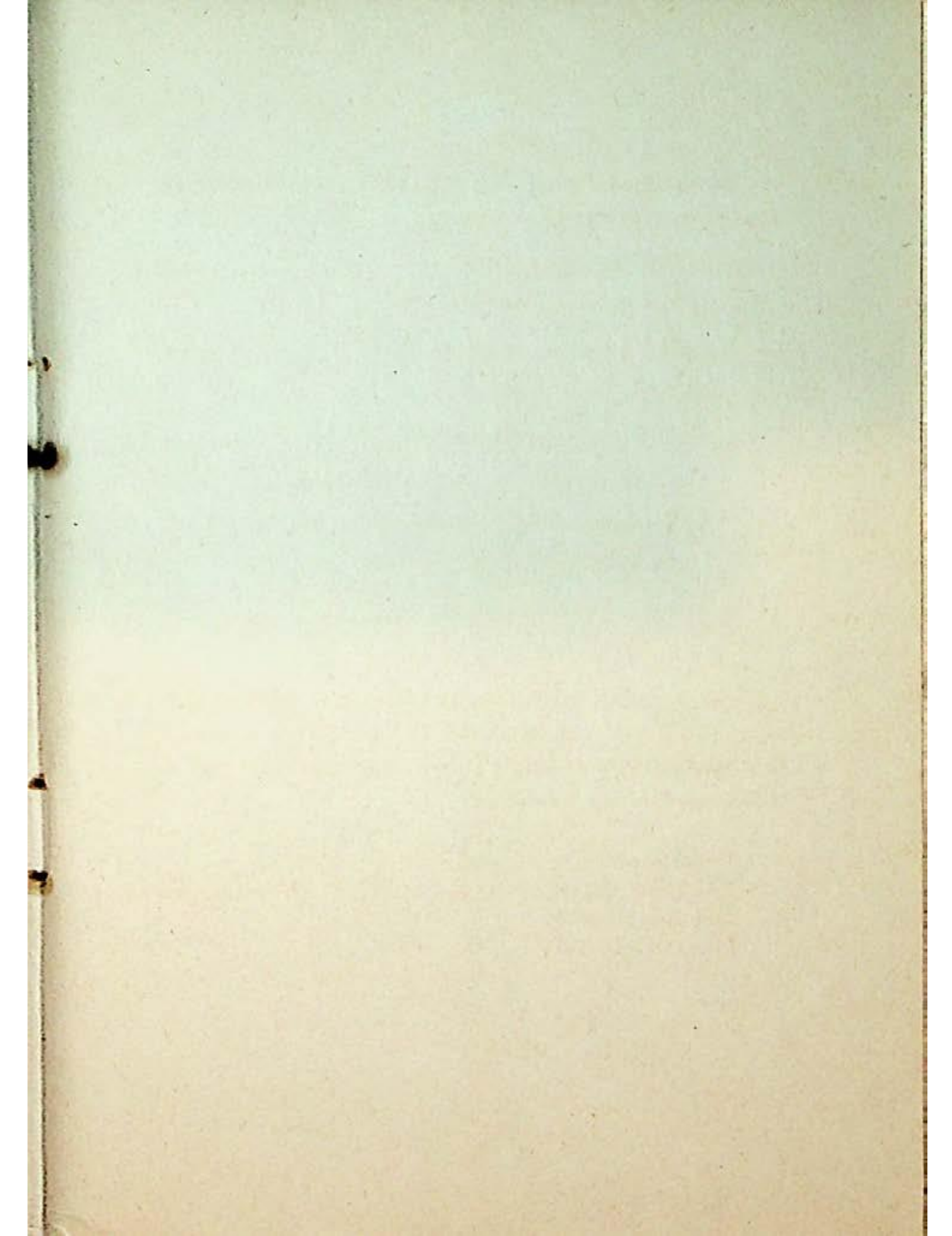
As early as 1st of January, 1936, the Princess addressed to the Master as follows:

“When I see You,
My Beloved Master,
My heart is inspired
With Love Divine;
And my entire being
Vibrates in One-ward aspiration.
You have imperatively designed
My inner growth to the One.
What I have to be you are.
I am your Divine Instrument.”

We now find her taking the Master's inspiring Messages to all the corners of the world. I have no doubt that this little volume will play a very important role in God's work in the world.

Department of Philosophy,
Vidarbha Mahavidyalaya,
21st June 1949.
Amraoti (India)

C. D. Deshmukh



MANIFESTO*

We want the world's **New Awakening**.

We want the world to be without dispute.

We want tolerance.

We want selfless design in life.

We want union between mind and heart.

We are groping in the dark and want to be awakened.

We want the revelation of the Truth.

We want one whose self is unclouded and who can impart
to us the experience of the Divine Heart.

The sum total of all **Conclusion** has to be shown forth
to us by one, who is One-in-All and yet human.

We want the **NEW SPIRITUAL MESSENGER**, whose
love shall awaken the soul.

* This appeared in India as a Foreword to Dr. C. D. Deshmukh's '*Meher Baba-The Awakener*,' and is being here reproduced by the courtesy of the Meher Publications, Kings Road, Ahmed-nagar.

MEHER BABA is the NEW SPIRITUAL MESSENGER

He imparts the Light in **Silence** and in **Action**.

When the God in man becomes conscious of His being,
the **One-in-All**, there is an unfoldment of Pure Love;
and the execution of the Divine Plan in the Universe
receives a tremendous momentum.

MEHER BABA is God-realized.

Awakening the soul is His One-ward Act of Mercy.

He wills the **liberation** of life.

He is the Incarnation of that One, which **is** and **was** and
will be the One.

He is the good example.

He is the selfless joining link between the finite and the
Infinite.

The life we lead is unselfish when it is drawn close to Him.

We need Him to realize the One, by uniting our own will
with the Divine Will.

Our salvation is the union of the finite with the Infinite.

We must know, in our inner and outer striving, that the purity in experience is a real possibility.

In MEHER BABA, the ideal is realized.

Who else is pure, if not the One, whose very presence is purifying?

What is **Perfection**, if not the **spontaneous expression of understanding**?

What is true understanding, if not the knowledge of Reality?

What is Reality, if not the One, that is and was and ever will be the One?

He arouses in us the unquestioning certainty that we are that One.

He makes us realize that the appearance of good and bad is all one pure progression of the Good.

The conflict of forces, which we resent, is ultimately in tune with the One.

The play of life, in the multiform pattern of Manifestation, is a harmony of the One.

All inner and outer Experience is a creation in lure of the One.

We are uncertain in our One-ward struggle; and He gives
us strength.

By throwing away the design of the Ego we become
Understanding.

We can not have both the Ego and the Infinite One.

In the harsh Ego, troubled by duality, He creates Know-
ing Order.

He teaches outer and inner cooperation.

His work is constantly acting **Help**.

We have to be as He is—**One in tune with the many.**

He is a perfect revelation of the One.

The One which He reveals is **prior** to the self.

The day will come when He will manifest the One to those, whose outward mind is darkened and is lonesome within, and whose heart is devoid of Love.

He has already manifested Himself to some

His act of **Grace** is constant fulfillment.

He is the manifold experience of Love in the many.

His final lure to draw us unto the One is Love.

His Divine work is done through pure inspiration.

He shall create us equal to Himself.

The will to serve Him, arouses within a calm and steadfast desire to consume our self, in order to realize the One.

Men and women of all races, creeds and nations, have been drawn to Him; and they have offered their lives for serving His Cause.

They call on Him as the **father** to help the child, as the **mother** to feed the little one, and as the **God-man** to guide their spiritual destiny.

Through Him the Eternal One offers itself unto all.

That same One we shall realize.

Experience is the method of His supreme Teaching.

He teaches us to feel the One in the midst of the discord of the many, to find strength in humility, and to have faith even when life does not seem to cooperate with the One.

Life is One; and it will render all unto the One.

It is the Law; it is the Cause; it is the End.

Life's devastating design is the realization of the **One-All** through the conflict of **duality**.

The promise of the One to reveal itself in all is being fulfilled through life and death, since the dawn of creation.

Our lives have sprung into existence to realize this Divine purpose.

What is the working design in Creation?

What is the final goal of man's manifold desires?

To realize the One!

We want the One to be in our midst, in life and in work,
with us.

We want Him to be **Divine and Human**.

We have found our God as man.

He offers His life to us to bring us light.

He has awakened the longing sigh for pure Resurrection.

Let us serve this Incarnation.

Be sure, reader of books and gospels, that you have
to be awakened.

The time for awakening is **NOW**.

The Master of Love and Wisdom has come.

He is for all.

He loves the world.

He cures the soul through mercy.

He cures through confidence in your poor darkened soul.

Entertain in your hearts the will to serve Him, O men,
and O women, in this world of creative pain!

Pour out in the world's work your energy; and withdraw
into the One, your hearts.

Let us welcome sorrow for the One-ward Outcome.

Let us know the joys in pain.

Let us express life's pure will.

He will reveal the heart, which is hidden within the work
of Nature.

He will make us conscious of the **hidden purpose** in Life.

The force of Love, which will thereby be released, will be **creative**.

That release can be brought about only through our free will.

The teaching which He gives will enlighten our will; and He will lead us to the **Unfathomable One**.

The great fact, which one calls God, has to be known.

When Love does awaken us into Divinity, all **negative** thought is transmuted into **positive affirmation**.

He will awaken in us a Love, which is Divine and Universal.

That Love will renew all life; it will make men new; it will make men human; it will make life pure; it will redeem the world.

When we shape our interests with **knowledge**, and Divine **inspiration**, we find fulfillment.

The One-ward high inspiration is the road to the One.

The world needs **THE NEW PROPHET** to awaken that understanding, which will lead it to the One.

Cooperative work will beget **New Understanding**.

The man who now is in sorrow, will know his Divinity.

MEHER BABA is Truth-realized.

He represents the One, that **is, was, and ever will be**, the One.

He is the Way in our time, in sorrow and in joy!

Man, discontented, show of joy, join in the One!

O man in sorrow, let thy soul take to wings and find thy **Liberation**.

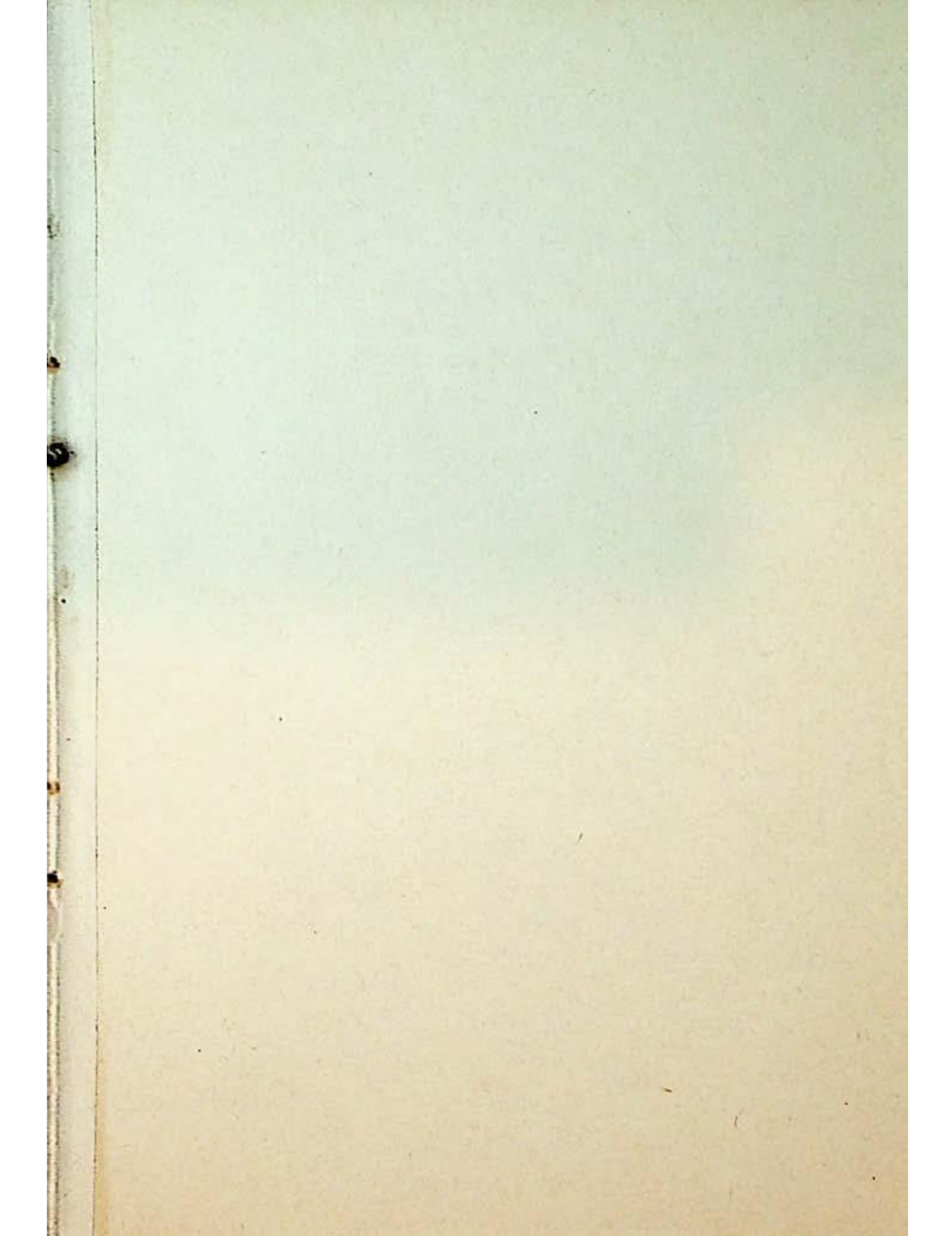
God has always aroused what was His, since the day of creation.

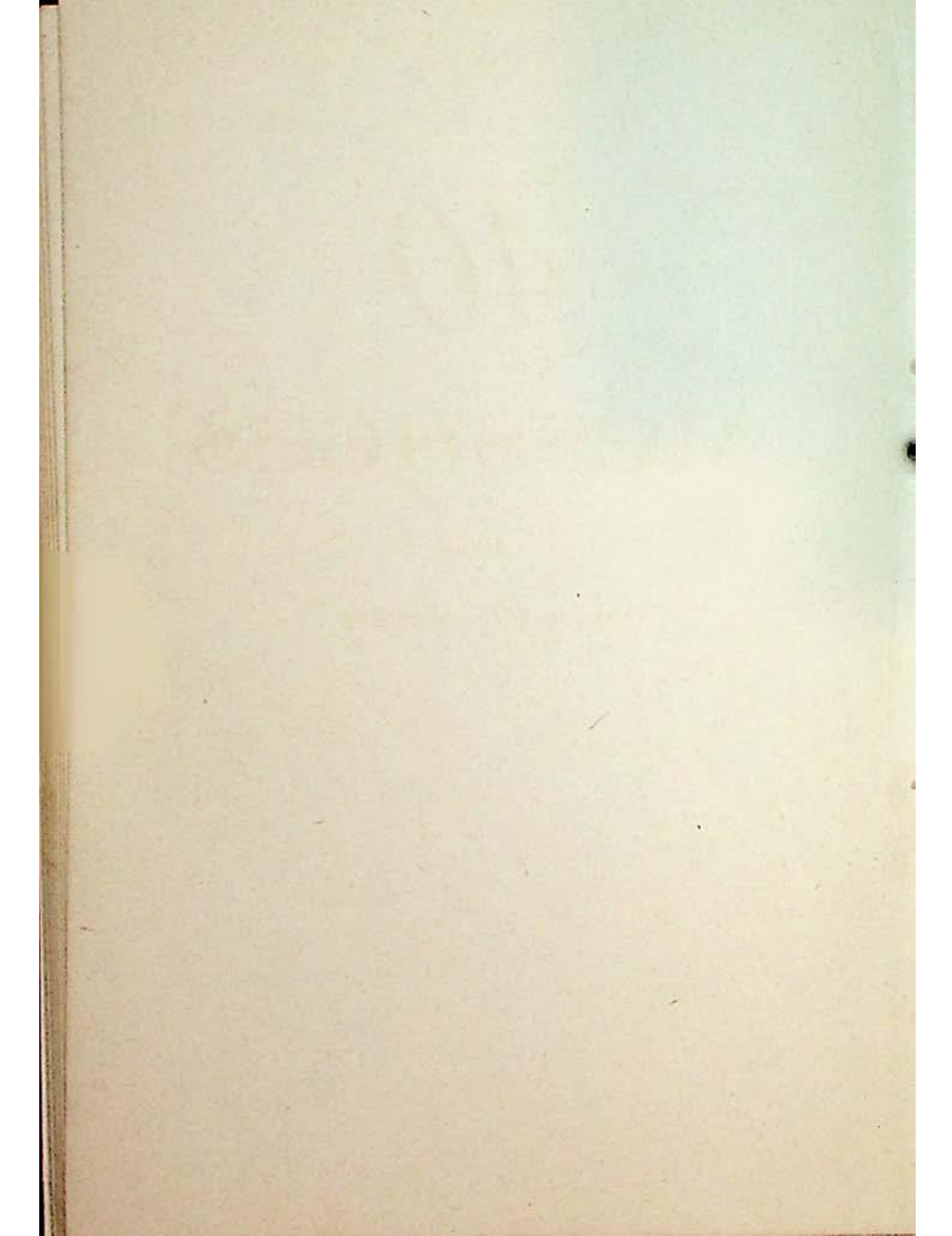
We have to render to God what belongs to God.

Let us all join, unite and understand, in the divine inspiration.

New York, 1st January, 1936.

Norina Matchabelli





40
MESSAGES

FROM

MEHER BABA

Do not evade the quest for Life Eternal.

Do not bury yourself in words that are empty sounds.

Do not stupefy yourself with the repetitions of rituals and ceremonies.

Arise and become fully awake in your own Immortal and Divine Self.

Ye, who are mad after the vanishing things that do not matter!

Hearken unto me!

Give up your trifles that make you so inhuman and cruel.

Give up the pride that is born of ignorance.

Give up the jealousies that are born of petty minds.

Give up all fear, which is born of clinging to the false.

Give up all doubts that keep you away from decisive action.

With faith and courage, you will cross the sea of delusion.

Be a citizen of the world and the torch-bearer of God.

To live the life of the One-in-all is true religion.

One, who is more creative in the head and less creative in the heart, has to readjust the lost balance.

Every one has, in him, the capacity to live and die for his chosen ideal.

Undivided loyalty drives out all fear.

The truly brave are those, who are true in conscience and pure in being.

God as Truth exists and is present all the time.

He is nearer to you than all other things.

He is there right in your heart.

Be no more attached to things of the past or of the future.

Live in the Eternal Now in complete detachment.

*This will be the end of the fleeting and the beginning of
endlessness.*

Do not while away your time in the game of duality.

You can then meet God in one moment.

Give no more attention to the distracting schools of thought.

Have faith in me; and I will do the rest.

I bring to you liberation from the anguish of petty achievements.

I will free you from the fear of death.

The Path of those, who seek the Immutable Self in its impersonal aspect, is long and winding.

Those, who come to me, without the burden of prejudices, will get the illimitable Truth.

You will miss the Truth if you seek it merely through the head.

Without Love, intellect is spiritually blind.

Let your feeling be illumined.

Enliven your heart.

Head without heart will make you monstrous.

Head without heart blockades the Way to the Life Eternal.

Cooperation of the head and the heart will take you to the fulfilment that knows no deficit.

The ingress of Love will clear up the blockades of the head.

Accept the guidance of the heart and you will cross the duality-ridden mind.

Leave your mind behind; and you will realize my fulfilled state.

See that no one has bound you except yourself.

Be free.

*Few will realise my limitlessness.
They will reach the mountain-top.
There is no resting place in between.*

*All that your imagination can reach or create is futile.
It is unimportant.
It will bind you all the more.
Stop non-creative and idle thinking.
Do no more argue in things spiritual.
Live in Love Imperishable.
This is my last word.*

I am here to make you new.

*Ye, Saints and sinners of the world! Give unto me your good
and evil and be free.*

Give me your real and the false.

Give me your very self.

*Be God, who in you is the Ceaseless Wonder, surpassing
everything that you hold so dear.*

All else is futile.

Rise above your limitations.

Be a citizen of the world.

In the New Way of Life, the East and the West will meet.

Your task is creative.

Do not look for precedents.

Choose your work in this world of God.

Do not leave it for others.

Do not wait for constant goading.

Take the initiative.

Turn to me.

I will unveil in you the Divine Self.

I will clear up the obstructive accumulations in you.

I have come to unify the world in love.

Dwell in love.

Be united in the life of the One in each and all.

Men and Women of the world! You are all one.

Path to me is through pure and selfless service.

My word is Truth.

My action is Truth.

My being is Truth.

I am what I order you to be.

*See me as the Love, which transmutes the assertive and false
ego into the Divine Will.*

Be good and human.

I have come to initiate the new world.

God is the one reality.
Within and without, He is at His game.
His Yonder Being has no shore.
His life is never-ending give and take.
He wills to reproduce Himself in all forms.

Man is not what he thinks he is.
Man is not what he wants to be.
Neither this nor that, he is beyond duality.
His roots are in God.
His being is in God.
He has buried his divinity in the debris of his own actions.

Dig deep to recover yourself.
Do not lose heart.
I will be by your side, in joy and in sorrow.
I will be by your side, in success and in failure.
Look within.
You are God.

My Love goes out to you in measureless abundance.

I have been waiting for you for aeons.

I know the ache of your heart.

I will wipe out your tears.

You will dwell in me, in life ever-lasting.

Take courage in your hands.

*Smite with all your might; and your desire-self will meet
its death.*

Be your own Higher Self.

Your ceaseless strife will come to an end.

I will wash away your impurities.

I will take away the dry and barren wanderings of your mind.

I will take away your fruitless worries.

Think of me, in joy and in sorrow.

The night of the soul is well nigh over.

Wait and wait and again wait.

Spiritual endeavour is a game of patience unyielding.

Slowly but surely you will grow into your fulness.

*Rejoice that one day you will surely be at the end of your
turmoils.*

I am always with you and in you.

What you need is not supernatural works, but more life.

What you need is not show, but substance.

What you need is not shadow, but reality.

Unending is the sea of delusion.

No wanderings in delusion can bring you near the Truth.

There shall be no more sailing on deceptive waters.

The sea of delusion has to be dried up not crossed.

*Work towards the betterment of the world.
The battle for the Good is not yet at its highest pitch.
There is untold suffering.
Through suffering will come redemption.*

*Create the New Order of Truth and Love.
It is a stupendous task.
It will take all your thought and time.
It will call for great sacrifices.
It will demand complete subjugation of the body and mind.
It will entail the shedding of all prejudices.
It will require the cooperation of many hands.
All, who call for my help, will have it, without distinction.
Leave every thing to me.*

Do not seek the Truth through words, but through action.

Let your action be true and selfless.

Dynamic Love will make you free and fearless.

Let no false speculations hold you back in reluctance.

*The God-intoxicated Ones have on them the real burden of
duty.*

*At their hands, the parched lips of humanity will taste the
pure waters of Love Divine.*

Be ye one of these warriors.

Live and die for God as Truth and Love.

Be calm and serene.

Let your heart overflow with kindness and mercy.

In you, the desires to be useful comes from me.

I descend in you to awaken in you the will to be God.

Man will inherit life spiritual.

*Through good and evil, the self-realising function is ever
advancing.*

Whether you know it or not, you are all slowly coming to me.

Learn to love me more than your very selves.

Believe and you will be taken onwards.

In the ripeness of experience, all shall know me.

Every one has a right to realise the Truth.

The Highest is latent in every one.

It is not the prerogative of the few.

It is independent of sex, caste, creed or colour.

It is above nationality and religion.

*The One Immutable Self is in each and all, without
distinctions.*

It is equally present in saints and sinners.

Ignorance of man creates 'I' and 'You,' 'Mine' and 'Thine.'
It creates the numberless divisions, which set up man against
man.

All are really one.

Cast away all pride, born of folly.

Cast away the cages of narrow sects.

Cast away the limiting schools of thoughts.

Truth is vaster than the vastest that you can imagine.

*Body and mind are only your cloaks.
You are beyond both—the Infinite God, the One in all.
And yet, you make yourself small and miserable.
You cherish without restraint your lusts and longings.
You let loose your greed and brutality.
You are driven by the cravings and frenzies of the ego.
There is no end to your animosities and jealousies.
Cease to be monstrous and crazy; and know thyself.*

Do not belittle yourself through furies and frenzies.

*You can not do wrong unto others, without doing a wrong
unto yourself.*

Be steady in the Truth of your own perception.

Live and die in the sanity of Truth.

Do not cripple yourself with borrowed or imposed pettiness.

Rise above animality.

Break asunder all shackles that hold you down.

Rise into your full divine stature.

In the freedom of purity, you will see me.

In the lucidity of love unperturbable, you will find me.

Ye Doctrinaires and Philosophers of the world!

*Do not stifle your hearts with dry and highsounding theories.
Your loftiest theories are not worth one moment of Divine
Love.*

*Leave your hair-splitting theories to take care of themselves.
Free yourself from the unending disputes about trifles.*

All things appear in the right perspective in the final understanding of realisation.

*When reflected in the intellect, the indivisible wholeness of
Truth gets broken into many aspects or facets.*

*Attachment to one aspect makes you blind to other aspects.
Far beyond the creeds of the world is the simple perception
of the Real.*

Be no more distracted by words, phrases and slogans.

Collect yourself.

In the stillness of mind, there is unfathomable understanding.

Before you can hope to make the world different, you have to be yourself settled in sane living.

Sane Living is free from all snobbishness and superficialities.

Sane Living avoids all futile disputes.

Sane Living is free from peevishness, depression and dissipation.

Sane Living is free from self-aggrandizement and self-conceit.

Sane Living is free from the craving for sensations.

Sane Living has no place for self-seeking wickedness.

*Whatsoever your creed, church, belief or station in life, live
in the Truth.*

*The limited individual selfness has to make room for
Universal Selfness.*

Step out of the crippling selfhood of separative ignorance.

Be settled in the unaging Immortality of Universal Selfhood.

*Remote from the emptiness of ideological disputes is the
Peace of Truth self-shining.*

*Remote from the inconsiderate attacks of tongue or pen is
the Wisdom of Truth lived.*

*Remote from the cruelty of murderous conflicts is the joy
of unassuming love.*

*Remote from the wickedness of clashing arms and thunder-
ing canons is the Simple Way of the Wise Ones.*

*Remote from the vanity of the tinkling bells of church or
temple is the happiness of God-intoxication.*

*Those, who have the courage to give themselves to me, will
have me.*

Be not addicted to the body or the ego-life.

Be not addicted to mental or material allurements.

Be not divided in head and heart.

*When the mind clings to forms, it misses the essential value
of life behind them.*

*The tidal waves that take your ship to the shore of Truth are
ever advancing.*

Ride over them and come.

The Truth-Order is within you.

*Self-evident and requiring no lamp, self-supporting and
requiring no props, is the God within you.*

Life is the greatest school, where people learn their lessons through experience.

In life, you have the opposites of joy and sorrow, good and evil, success and failure.

You have ample scope to make experiments with life.

Some are tired of life and want to put an end to it.

Others become foolish and self-important.

You will reap as you sow.

Those, who do not willingly choose the Path, have to come to it after lives of suffering.

They realise through many shocks of opposites.

They are lost in the thick woods of creation.

I allow them to take their own course.

Be not addicted to the body or the ego-life.

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Be not divided in head and heart.

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They are lost in the thick woods of creation.

I allow them to take their own course.

I have come for all.

*Those, who, in their thoughtfulness seek the Path, are dear
to me.*

They will get into the Path.

These chosen ones will come to me—the Truth.

I do not allow them to linger any more in the wilderness.

I am always by their side, when they need my help.

Life for every one is largely preordained by his past.

Try to be utterly pure in thought, word and deed.

Be serene and self-composed.

God in you is pure joy.

God in you is pure love.

God in you is pure understanding.

God in you is limitless in creative power.

Everything comes from God and goes back to Him.

You have come on earth to realise God.

I do not ask you to go to the caves like the saints of the past.

Remain in the world without being entangled therein.

*Do not renounce your duties, with the hope of becoming
spiritual.*

*Do your duties; but have no desires for personal gain or
reward.*

*Let not your status or achievements fill your mind with false
pride.*

*When you offer your mind, in love and faith, I do everything
through you.*

You will then be no more bound by what you do.

You will be unattached and yet in full Action.

You will remain free in the midst of your works.

You will worry no more about what life brings to you.

*You will dwell in unshakable Peace, inspite of the tribulations
in the world.*

You will be my Torch-bearers.

God is Eternal Bliss.

He is also eternally in agonies to bring His world unto Himself.

The Light of God comes to you as His Grace.

Deserve it.

It is not a cheap and marketable thing.

Those, who pay the price for it, are very rare.

Only those, who surrender their separate existence, will have my Truth.

Those, who offer their lives unto me, do not do so by chance.

They have earned that right through their past deeds.

Those, who receive my Love, shall share it with others.

Each one of you will find self-expression in his own unique way.

In God's unfathomable scheme, there are no ruts.

God's essential unity is in no way impaired by being expressed in diverse ways.

There can be no standardization of the Life illimitable.

Manifold is and ever will be the game of duality.

He, who will understand duality, must rise above it.

He, who will fulfill the game of duality, must receive its opposites with equanimity.

See the One alone as real and the Many as false.

Those, who realise the One in the Many, are free.

God-realisation is the goal for all.

But few really have it.

Many on the Path feel that they have come to the terminus.

*Without having realised God, they feel that they have become
God.*

A true aspirant keeps himself away from such self-delusions.

All delusion arrests further progress.

*They alone have realized God, in His fullness of Being, who
see nothing but God.*

For them every thing except God is unreal.

God alone is real.

*I will take you to the Unfathomable Beyond of illimitable
divinity.*

The false must go to make room for the real.

Those, who come to me for Light, have to be humble.

Pride is the stronghold of delusions.

*The meek ones shall be bestowed with the power of my
Light.*

You can not be God before being truly human.

*People should not come to me for mere solace, or sterile
instruction.*

*Only those, who invite themselves drastic changes, will have
my Truth.*

*God is like the mighty wind that blows out all rubbish from
every nook and corner.*

*He reaches out to all the darkened recesses of the heart and
illuminates them with His transforming Light.*

*Those, who are touched by His descending Grace, become
new.*

Be not wrapt in subjectivity.

Go out in the open world and play your game.

Linger no more in unending hesitation.

*When you have truly given your mind and heart to me, you
are free.*

*Those, who have inwardly surrendered themselves to God,
shall be sustained.*

Do not run away from life.

Be completely resigned to your God-ordained place in life.

Share as best as you can my task of redeeming the world.

You will undo your past through service.

Gird up your loins and act in the unison of head and heart.

*Do not waste your time in thanking the Great Ones of the
past or of the present.*

*Go ahead in your spiritual adventure while your heart is
pure and strong.*

To find yourself, get lost in the unfathomable sea of Life.

In the depths of the sea there are no signposts.

I have come to help you to fulfill yourself.

I can not enter your being until you retire.

Rest in me and I shall not fail you.

I will be with you in your God-ward march.

Give up your stagnant speculations.

Give up your hunt for sensational experience.

*Those who dare to do the deep-sea-fishing shall get the
matchless pearl of Truth.*

*They shall be blessed with the knowing-seeing-feeling of the
supreme God-head.*

You can not know me without knowing yourself.

You can not know yourself without knowing me.

I am your very Self.

You can not cling to the false and have the Truth.

You will have your choice.

On the one side is endless strife and sorrow.

On the other side is abiding peace and joy.

In the mazes of my creation those who hear are few.

Those who understand are fewer.

And those, who conquer themselves, are fewer still.

I love the world.

I love in each and all the Truth.

I love in each and all the Spiritual Thought-Order.

I love in each and all the Self Immutable.

Love is the essence of Truth in its purity.

Love is the fulfillment of life without trammels.

Love is the reality of divinity unmasked.

Love is the true order of being in each and all.

By loving me you will receive my liberating love.

By loving me you will get established in my abiding peace.

By loving me you get the untarnished clarity of head and heart.

My love will break asunder the chains that bind you.

My love will restore to you your divine dignity.

No more shall you wander aimlessly in the vale of the false.

Come unto me.

Those, who give their lives unto me are mine.

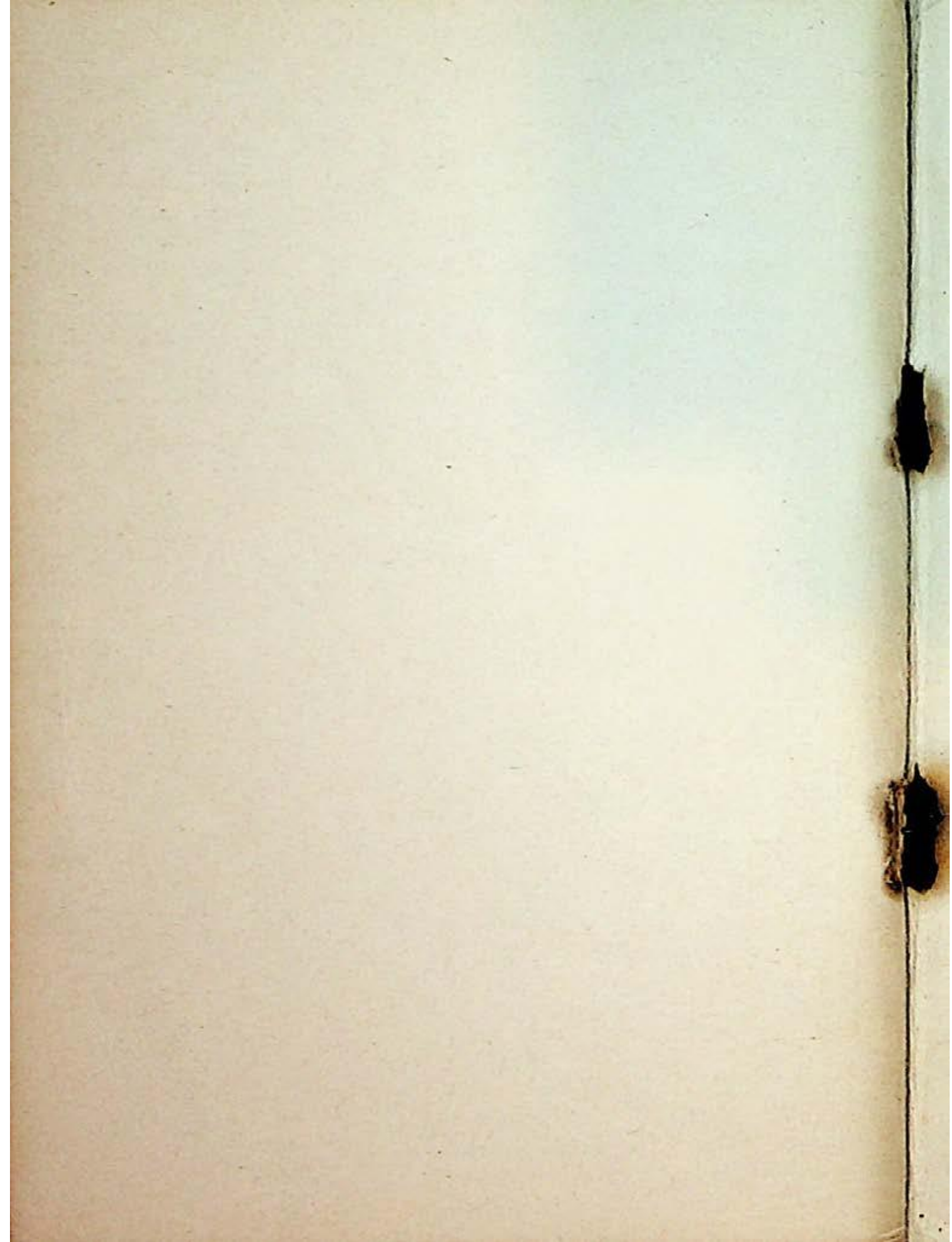
I take upon myself their burden.

Wait in the complete stillness of resignation.

You shall be lifted up into the sanctuary of my Truth.

This is my assurance.

Let it hearten you in seas of calm and furious.





FOR INFORMATION CONCERNING
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